



JFCS

JEWISH FAMILY & CHILDREN'S SERVICES
OF NORTHERN NEW JERSEY

Empowering People. Transforming Lives.

ANNUAL REPORT

2023-2024

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A MESSAGE FROM OUR CEO

Susan Greenbaum



When I sit to write this letter every year, my thoughts are normally catapulted onto a journey about our staff and their successes; our programs and services and their growing impact on our community; and our leadership and donors who light our way and enable us to do the critical work we are so passionate about.

This year, sadly, this task feels different as its unfolding has been like no other. Yet another unimaginably tragic era for the global Jewish community has once again redefined our role at JFCS as healers, supporters, facilitators of solutions, and teachers and coaches of resilience and survival. Following October 7th, we triaged cases and situations of Israeli families temporarily re-settling in our community, dual citizen older adults with medical needs suddenly returning to America after decades, traumatized local families and individuals, parents and families of IDF soldiers, and even continuing psychotherapy across six thousand miles because soldiers returned to serve.

It is overwhelming to think about the layers of new challenges above and beyond the norm, yet our JFCS staff team continues to innovate and address glaring mental health and social service needs in our community with creativity and grit. As you read these pages, please note the new RAISE Program, whose first cohort will complete their training in October. In May, JFCS was awarded the 2024 Program Impact Award by our Network of Jewish Human Agencies for our original groupwork curriculum for children and adolescents, "Be Your Best Self™". This program has allowed us to be comprehensively integrated with our local Jewish Day Schools, addressing the needs of the children in our community. We are also completing our first formal year providing social work support to the staff at the Kaplen JCC. Through all four pillars of service, our impact is growing.

None of this would be possible without the strong leadership of our Board of Directors, with Sima Kern at the helm. Together with your confidence and investment in our work, you help to strengthen our staff's commitment to our community. We are eminently beginning to work on our next Strategic Plan, which will guide us for the coming three to five years. We are humbled by the mission and vision we work to attain each day and will always embrace the next challenge as needs grow and change.

We are eternally grateful to our donors and funders who empower us to empower others!

Thank you to all on the JFCS staff team for another stellar year!

With appreciation for all of you,

-Susan

A handwritten signature in black ink that reads "Susan Greenbaum". The signature is written in a cursive, flowing style.



OLDER ADULT SERVICES

FY: '23-'24

SERVICES OFFERED:

- Care Management
- Comprehensive Services for Holocaust Survivors
- Cooking Companions
- Friendly Visitors
- In-Home Counseling
- Telephone Reassurance
- Wolff Caregiver Respite Program



**JFCS provides Kosher Meals on Wheels, ADRC Care Management and counseling services through the Bergen County, Division of Senior Services at no charge to eligible clients.*

Program Success: Connecting Through Shared Experiences

The true impact of Café Europa can be seen in how our clients describe what it means to them. Participants have often told us that spending time with fellow Survivors is a "favor from G-d." This sentiment has been especially true since October 7th when many of our Survivors experienced the horrors of that day differently than others did. With terrifying memories about the Holocaust coming to the forefront of their minds, the ability to meet, speak, and bond with others like themselves becomes an even more cherished opportunity.



822

SENIORS SERVED



96

SENIORS WHO RECEIVED FRIENDLY VISITORS OR TELEPHONE REASSURANCE



186,385

HOURS OF HOME CARE FOR HOLOCAUST SURVIVORS



MENTAL HEALTH SERVICES

FY: '23-'24

SERVICES OFFERED:

- Individual, Family and Couples Therapy
- Play Therapy
- Therapy and Support Groups
- In-Person and Virtual Therapy
- Customized Treatment Approaches
- Psychiatric Services Available for Clients



Program Success: Helping Our Children With Anxiety

We began treating a high school-aged girl whose anxiety spiked due to her older brother and cousin serving in the IDF. She explained how she constantly worries for their safety and feels powerless to do anything to help them. This anxiety makes it difficult for her to interact with her friends, concentrate on school, and lead a healthy teenage life. Through individual therapy as well as sessions that included her parents, this teenager has learned techniques to manage her anxiety rather than letting it control her. Her parents were thankful for the tools we gave them and they felt supported and better equipped to manage both their daughter's and their own anxiety.



1,277

**MENTAL HEALTH
CLIENTS SERVED**



44

SUPPORT GROUPS



5,174

**INFO AND REFERRAL
CALL BACKS**



FOOD INSECURITY SERVICES

FY: '23-'24

SERVICES OFFERED:

- Corner Market Food Pantry
- Gift Cards
- Kosher Meals on Wheels (KMOW)
- Healthy Eating Guides
- Referrals to Government Services/Resources
- Bi-Lingual Case Manager



Program Success: Turning a Meal Into Something More Than Sustenance

One of our long-time volunteers recently told us how especially appreciative her KMOW recipient was to receive meals from her these last few weeks. This client is a Holocaust Survivor, and the news coming out of Israel has uncovered deep trauma for her. Because she is homebound, she greatly values the opportunity to share her feelings with her KMOW volunteer (maybe even more than the food) and cherishes the time they spend together.



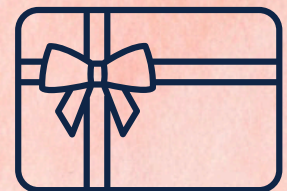
715

**CURRENT
CORNER MARKET
HOUSEHOLDS**



255

**KMOW
RECIPIENTS**



\$13,490

**DOLLARS IN GIFT
CARDS DISTRIBUTED**



BASIC NEEDS ASSISTANCE

FY: '23-'24

SERVICES OFFERED:

- Case Management
- Advocacy
- Emergency Financial Assistance
- Club Ed, After-School Program
- Re-Launch Career Services
- RAISE Employment Program
- Homelessness Prevention



Program Success: A Little Support Goes a Long Way

A father of two young children was having trouble finding steady work since he was laid off during Covid. Being unemployed or underemployed for the better part of two years took a major toll on his self-confidence and will to improve his situation. When he came to JFCS for help, our Re-Launch advisor immediately helped him improve his resume and coached him on how to identify appropriate open positions. He found that the interview skills he learned were really useful and believes that is what made him stand out when he recently landed a new job. The thing that stayed with him the most was how much his Re-Launch advisor cared about him and his goals. That is what gave him the confidence to persevere through what is usually a very tough experience.



101

RE-LAUNCH
CLIENTS



\$154,205

EMERGENCY ASSISTANCE
DISTRIBUTED



78

FAMILIES RECEIVING
CASE MANAGEMENT



Be Your Best Self™

“Be Your Best Self”™ is a **6-Week** social-emotional wellness program addressing the mental health challenges affecting children and adolescents.



“Be Your Best Self”™ has **11 JFCS** clinicians working in **15** schools serving **350+** students.



“Be Your Best Self”™ was given the **Impact Award** by the Jewish Human Service Agencies at this year's PowerNet conference!

“Thank you for coordinating the group for our school. The program was really excellent and our students very much enjoyed attending. We are grateful for the partnership with JFCS and for the emphasis that you place on helping us support our students! Our year is winding down but would love to continue to be in touch for next school year and beyond.”

- Dr. Karen Lopata, The Frisch School



RAISE

Recognizing Abilities and Inclusion of Special Employees

In its first year operating the RAISE program, JFCS has placed **4 Adults** with developmental disabilities across **8** different paid work opportunities



The RAISE program includes social skills training **Once Per Week** and guidance in transition to full employment.



Each RAISE participant is a JFCS employee and earns **\$15/hr** while working **Two 3-hour** jobs per week. The program also has **12 Volunteer** job coaches that work alongside their designated RAISE participants.



“On her last day, we hugged and Nicolle started crying. She told me they were happy tears, so of course, I started crying too. I’m so grateful you chose me for this experience. Inclusion is so important and I’m glad we could all show Nicolle what it means to be part of a class - we made her an honorary Shooting Star!”

- Joni Morris, Teacher at Job Site

JFCS of Northern Ne

Create a legacy for you and your family
JFCS in your estate planning to sustain

Join Our Growing Legacy Circle!

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A legacy, or planned, gift is a way to create a permanent legacy for you or a loved one by leaving a bequest to JFCS. A legacy gift can provide support to our community for countless years and ensure that JFCS can continue providing valuable services for future generations.

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With Jersey Endowment

ily by establishing a fund or including
n our community for decades to come!

Established Funds at JFCS

**Herman/Scheff Family Endowment
for Mental Health**

Goodman Family Fund

Harry A. Low Fund

Giving an endowment gift to JFCS is a way to create stability for the agency in both the short and long-term. Your endowment fund will grow year over year, providing financial support that will ensure JFCS can continue providing valuable services in perpetuity.

***“Just as my ancestors planted for me, I too
am planting for my descendants.”***

- Talmud, Taanit 23a

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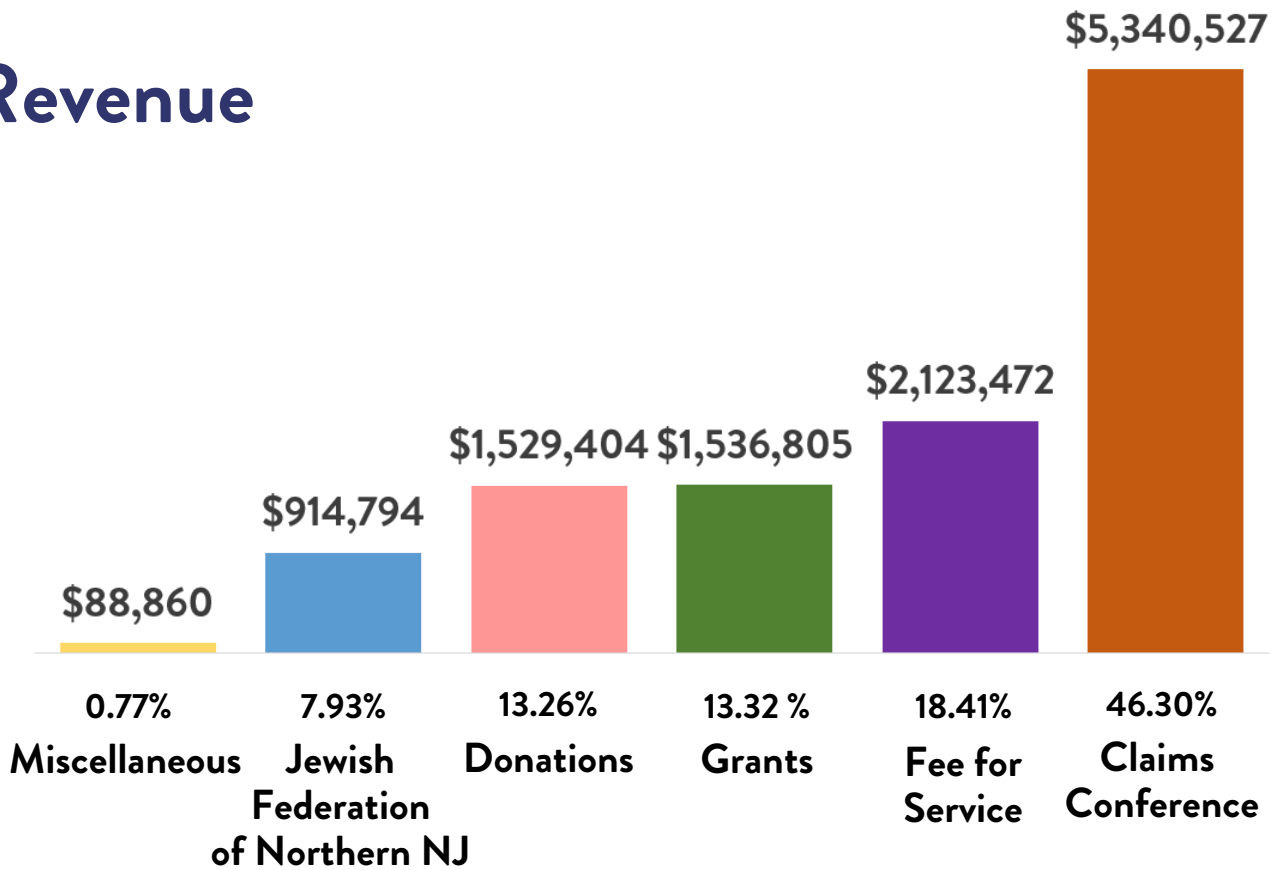
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We are grateful to our **300+** volunteers who are integral to the operations of JFCS!

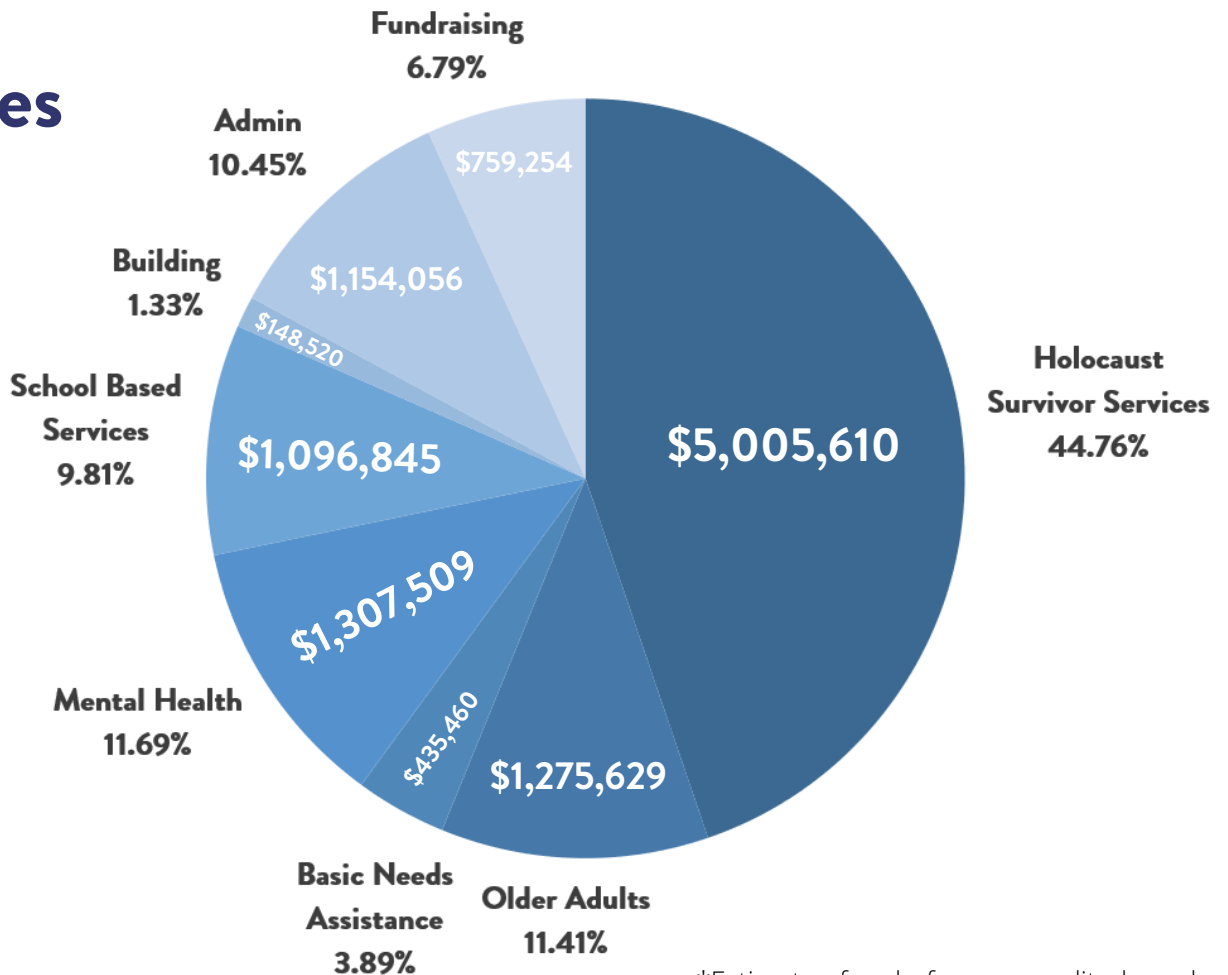
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Revenue



Expenses



*Estimate of end-of-year unaudited numbers

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